

# Fitness Never Felt So Good! 50% Off Enrollment Fee



**No matter what your age or fitness level,  
Memorial Fitness Center can tailor a program just for you.**

- Exercise Classes and Specialized Fitness Programs for Adults and Kids
- Medically Supervised Programs for Cardiac and Pulmonary Rehabilitation
- Weight Reduction and Management Programs
- Stress Reduction and Relaxation Classes
- Pilates Group Reformer Classes
- Nutritional Counseling
- Personal Training
- Massage Therapy
- Childcare Services 6 Days a Week

## One-Week Guest Pass\*

\*Photo ID required. One-time visit per center.  
Must be 18 years or older. Nonmembers only.



**Memorial Regional Hospital Fitness Center**  
300 Hollywood Way | Hollywood, FL 33021 | 954-265-5800

**Memorial Hospital West Fitness Center**  
701 North Flamingo Road | Pembroke Pines, FL 33028 | 954-844-7125  
**MemorialFitnessCenter.com**

\*Offer valid through July 30, 2014.